Dementia Canterbury
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Living well with Dementia

Community Partnership Model

For the delivery of Activity Groups for people living with Dementia | Mate Wareware

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History

- Activity partnership started 2013 (with no resources)
- As we grew we secured funding from Rata foundation for research
- Publish research in Australian journal Dementia care - 2017
- Expanded services - created toolkit with Southern Alliance
- Now run a wide range of programmes across the region

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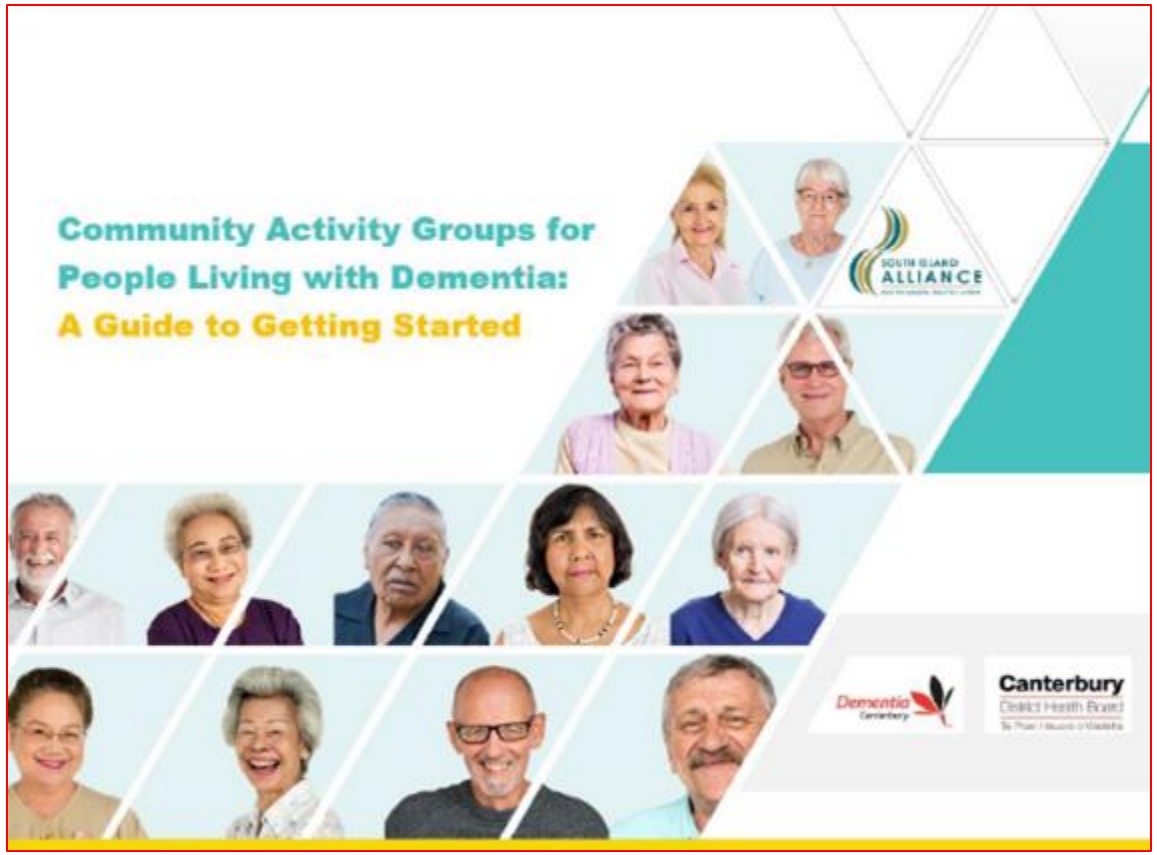
Vision

We believe that community-based activities for people living with dementia can help break down barriers to enable people living with dementia to participate in and enjoy activities in the community and lead fulfilling lives.

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Model



This guide is about a special type of activity group just for people living with dementia.

The group meets regularly in a community venue with a community organisation partner facilitating the programme.

A dementia organisation partner recruits and supports the group.

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With or without dementia, meaningful activities and meaningful relationships are at the heart of a positive and enjoyable life.

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Activities offer hope and maximise quality of life.



Organisations

- **Staff Awareness:** Crucial for the success of community-based activity groups.
- **Training and Interaction:** Enhances staff skills and empathy, especially through dementia awareness programs.
- **Broader Benefits:** Improved awareness benefits both the activity groups and overall communication with clients outside these groups

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Volunteers

It's the most rewarding 1 1/2 hours of my month



Seeing the … impact on their self-esteem and confidence…I find all of them really coming out of their shell

- Volunteers are vital to creating a group that runs smoothly and where every individual is engaged.
- Every volunteer receives training to help them interact and support people living with dementia appropriately and confidently.

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Nurture



Kindle positive group interactions

- Friendly
- Flexible
- Fun



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Activity Groups Introduction



Video link : https://tinyurl.com/yc63tv3y

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Community Activity Programme

- Artzheimers and/or Art making at the Art Gallery
- Bunnings DIY
- The Court Theatre
- CSO
- Gardening in the community
- Guided Botanic Gardens Tour
- Life Stories
- Guided Museum Tour
- The Next Chapter Library Groups
- Mind & Movement
- Singing for Fun
- Walking Group
- Water Memories/Swimming

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Artzheimers at the Christchurch Art Gallery



Video link : https://tinyurl.com/4yuhy4tt



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Art Making at the Christchurch Art Gallery



Video link : https://tinyurl.com/5cvc4w4b

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Bunnings DIY



DIY Bunnings and Men's Shed



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The Court Theatre

We hold backstage tours once or twice a year, and aim to attend one show a year.





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CSO Ignite Programme









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Gardening in the Community





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Guided Botanic Garden Tour





Video link: https://tinyurl.com/3h5hysxc

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Life Stories Group at Christchurch South Library





Video link: https://tinyurl.com/3637zeru

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Guided Museum Tour

A monthly guided tour on a Thursday afternoon at the Temporary Museum. Join our guide to hear fascinating stories and facts about the history of Canterbury and museum exhibits.



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The Next Chapter Library Groups



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Mind & Movement



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Singing for Fun





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Walking Group





Video link: https://tinyurl.com/y2hr2x3c

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Water Memories / Swimming





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Information booklet -

https://tinyurl.com/DemActivity

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Activity Groups

Community Activity Groups for
people living at home with dementia

Stimulating | Engaging | Rewarding | Fun

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Community Activity Groups - Tool kit https://tinyurl.com/ActGrptoolkit

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THANK YOU – Any Questions?

Questions??

